



SMART FITNESS

Feel, Move, and Live Better

Small Group Class Schedule

M	Tu	W	Th	F	Sa	Su
	Strength Training 6am-7am Mady		Strength Training 6am-7am Mady			
	Strength Training 8am-9am Mady		Strength Training 8am-9am Mady			
	Strength Training 9a-10a Mady	Strength Training 930a-1030a Gabriel	Strength Training 9a-10a Mady			
Strength Training 10am-11am Gabriel			Strength Training 10a-11a Gabriel	Strength Training 10am-11am Gabriel	Strength Training 11a-12p Jose	Boxing 10am-11am Anthony
	Soccer Strength Training 345p-445p Gabriel		Soccer Strength Training 345p-445p Gabriel			
			Strength Training 5-6pm Gabriel			
Strength Training 6:30-7:30pm Gabriel			Strength Training 6:30-7:30pm Gabriel			